

THE FOLD

LUNCH MENU

Served 12 noon to 5 pm

LIGHT BITES

SOUP OF THE DAY <i>(v/gfo)</i>	£7.50
Homemade Bread, Salted Butter	
CAESAR SALAD <i>(vo/gfo)</i>	£9.50
Bacon, Egg, Anchovies, Ciabatta Croutons	
with Halloumi	Extra £3.00
with Chicken	Extra £4.50
with Smoked Salmon	Extra £3.50
COUSCOUS SALAD <i>(ve)</i>	£11.50
Olives, Sun Dried Tomatoes, Rose Harrisa Dressing, and Falafel Bites	
with Chicken	Extra £4.50
GREEK FETA SALAD <i>(v/gf)</i>	£11.50
Feta, Red Onion, Cucumber, Black Olives	
NIÇOISE SALAD <i>(gf)</i>	£9.50
Olives, Anchovies, Potato, Green Beans, Soft Boiled Egg	
add Smoked Salmon	Extra £3.50
add Chicken	Extra £4.50
add King Prawn	Extra £4.00



MAINS

CHICKEN SCHNITZEL	£16.50
Garlic Butter, Sea Salt Fries, House Salad	
6 oz STEAK <i>(gfo)</i>	£17.50
Frites, Dressed Salad Leaves	
BEER BATTERED HADDOCK	£16.50
Chips, Mushy Peas, Lemon, Tartare Sauce	
HOMEMADE BEEF BURGER <i>(gfo)</i>	£16.50
Streaky Bacon, Gouda Cheese, Toasted Pretzel Bun, Baconnaisse, Sea Salt Fries	
FOOT LONG HOT DOG	£13.50
Foot Long 'Cowman's' Sausage Hot Dog, Crispy Fried Onions, American Mustard, Shoestring Fries	

SIDES

CHIPS IN BEEF DRIPPING <i>(gf)</i>	£4.00
ASPEN FRIES	£4.00
SEA SALT FRIES	£3.50
MUSHY PEAS <i>(gf/v)</i>	£3.00
TENDERSTEM BROCCOLI <i>(v/veo/gf)</i>	£4.00
RED WINE SAUCE <i>(gf)</i>	£3.00
PEPPERCORN SAUCE <i>(gf)</i>	£3.00
BLUE CHEESE SAUCE <i>(gf/v)</i>	£3.00
MASHED POTATO <i>(gf/v)</i>	£4.00
ONION RINGS	£4.00
HOUSE SALAD <i>(gf/ve/v)</i>	£3.50
TRUFFLED GREEN BEANS <i>(gf/v/veo)</i>	£4.00

(v) Vegetarian (ve) Vegan (gf) Gluten Free (gfo) Gluten Free Option

Please inform a member of staff if anyone has a food allergy or intolerance before ordering. We can then advise you about our ingredients. Please note allergenic ingredients, including nuts, are present in our kitchen and therefore we are not able to guarantee that any dish can be made 100% allergen free. Fish dishes may contain bones.