

THE FOLD

LUNCH MENU

Served 12 noon to 5 pm

LIGHT BITES

SOUP (<i>gfo</i>)	£7.50
Homemade Bread, Salted Butter	
CAESAR SALAD (<i>gfo</i>)	£9.00
Bacon, Egg, Anchovies, Ciabatta Croutons	
with Halloumi	Extra £3.00
with Chicken	Extra £3.50
with Smoked Salmon	Extra £3.50
COUSCOUS SALAD (<i>ve</i>)	£11.50
Olives, Sun Dried Tomatoes, Rose Harrisa Dressing, and Falafel Bites	
GREEK FETA SALAD (<i>v/gf</i>)	£10.50
Feta, Red Onion, Cucumber, Black Olives	
NIÇOISE SALAD (<i>gf</i>)	£9.50
Olives, Anchovies, Potato, Green Beans, Soft Boiled Egg	
add Smoked Salmon	Extra £3.50
add Chicken	Extra £3.50
add King Prawn	Extra £3.50



MAINS

CHICKEN SCHNITZEL	£15.50
Fries, Garlic Butter, Dressed Salad	
6 oz STEAK (<i>gfo</i>)	£17.50
Frites, Dressed Salad Leaves	
BEER BATTERED HADDOCK	£15.00
Chips, Mushy Peas, Lemon, Tartare Sauce	
CHAGRILLED BEEF BURGER	£15.50
Gouda Cheese, Bacon, Gherkin, Tomato, Onion, Shoestring Fries, Tomato and Red Pepper Relish	
FOOT LONG HOT DOG	£13.50
Foot Long 'Cowman's' Sausage Hot Dog, Crispy Fried Onions, American Mustard, Shoestring Fries.	

SIDES

CHIPS IN BEEF DRIPPING (<i>gf</i>)	£3.50
ASPEN FRIES	£3.50
SEA SALT FRIES	£3.00
MUSHY PEAS (<i>gf/v</i>)	£2.50
TENDERSTEM BROCCOLI (<i>v/veo/gf</i>)	£3.50
RED WINE SAUCE (<i>gf</i>)	£2.50
PEPPERCORN SAUCE (<i>gf</i>)	£2.50
BLUE CHEESE SAUCE (<i>gf/v</i>)	£2.50
MASHED POTATO (<i>gf/v</i>)	£3.50
ONION RINGS	£3.50
HOUSE SALAD (<i>gf/ve/v</i>)	£3.00
TRUFFLED GREEN BEANS (<i>gf/v/veo</i>)	£3.50

(*v*) Vegetarian (*ve*) Vegan (*gf*) Gluten Free (*gfo*) Gluten Free Option

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SANDWICH MENU

Served 12 noon to 5 pm

COLD SANDWICHES

*Served on White or Brown Bloomer
Dressed Leaves, Coleslaw, Crisps*

ROAST SIRLOIN BEEF	£ 8.00
<i>Horseradish Mayo (gfo)</i>	
ROAST HAM	£ 8.00
<i>Wholegrain Mustard Mayo (gfo)</i>	
LANCASHIRE CHEESE	£ 7.50
<i>Tomato, Onion (v/gfo)</i>	
EGG MAYONNAISE	£ 7.50
<i>Chives (v/gfo)</i>	
SMOKED SALMON	£ 9.00
<i>Pepper Cream Cheese (gfo)</i>	
ATLANIC PRAWNS	£ 8.50
<i>Marie Rose Sauce (gfo)</i>	

HOT SANDWICHES

*Served on Toasted Ciabatta
Dressed Leaves, Coleslaw, Crisps*

STEAK	£ 13.50
<i>Blue Cheese (gfo)</i>	
BATTERED FISH FINGERS	£ 12.50
<i>Lettuce, Tomato, Tartare Sauce</i>	
FALAFEL	£ 11.50
<i>Avocado, Red Onion, Baby Gem Lettuce (ve/gfo)</i>	
CHARGRILLED CHICKEN	£ 13.50
<i>Baby Gem Lettuce, Roast Garlic Mayo (gfo)</i>	
CLUB SANDWICH	£ 14.50
<i>Chicken, Bacon, Tomato, Baby Gem Lettuce, Fried Egg (gfo)</i>	

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THE FOLD

EVENING MENU

Served 5pm to 9pm

STARTERS

SOUP OF THE DAY

Homemade Bread, Salted Butter (*gfo*)

£7.50

DUCK LIVER PARFAIT

Toasted Brioche, House Chutney (*gfo*)

£8.50

GOATS CHEESE PANNA COTTA

Balsamic Vinegar, Red Pepper Salad (*v/gf*)

£8.00

WELLGATE SMOKED SALMON

Potato and Spring Onion, Lemon Dressing (*gf*)

£9.50

HAM HOCK, BLACK PUDDING AND

LANCASHIRE CHEESE TERRINE

Spiced Tomato Chutney, Toasted Ciabatta

£8.00

SEARED KING SCALLOPS

Roasted Carrot, Crisp Fennel Salad (*gf*)

£12.50

SWEETCORN MOUSSE

Charred Kernel and Red Onion Salsa,
Rosemary and Onion Focaccia (*ve/gfo*)

£7.50

ATLANTIC PRAWN COCKTAIL

Baby Gem Lettuce, Marie Rose Sauce, Bread (*gfo*)

£8.50

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EVENING MENU

Served 5pm to 9pm

MAINS

SLOW COOKED BRISKET (gf) Potato Gratin, Carrots, Turnips, Red Wine Jus	£18.50
LAMB TASTING (gf) Lamb Cutlet, Braised Shoulder, Confit Belly, Sautéed Kidney, Hot Pot Potato	£26.50
ROAST PORK FILLET (gfo) Sticky Pigs Cheek, Crispy Black Pudding Bon Bon, Mash, Red Wine Sauce	£19.50
ROASTED CHICKEN BREAST (gf) Fondant Potato, Green Beans, Red Wine Sauce	£17.50
ROAST LOIN COD (gf) Fennel and Potato Rosti, Wilted Spinach, Saffron and Mussel Cream	£20.00
CHARGRILLED MONKFISH TAIL (gf) Crispy Potato, Baked Tomato and Spinach, Thyme, Shallot and Chicken Jus	£24.50
CRAB, KING PRAWN, SCALLOP LINGUINI Tomato Ragu Sauce, Parmesan	£23.50
TAGLIATELLE (v) Wild Mushrooms, Tarragon, Roasted Garlic and Parmesan	£15.50
add Chicken Breast	£4.00
BEETROOT RISOTTO (v/veo) Baked Beets, Balsamic, Parmesan	£15.50
CHARGRILLED BEEF BURGER Gouda Cheese, Bacon, Gherkin, Tomato, Onion, Shoestring Fries and Burger Relish	£15.50
BEER BATTERED HADDOCK Chips, Mushy Peas, Tartare Sauce and Lemon	£15.00

FROM THE GRILL

7oz FILLET STEAK (gfo)	£34.50
10oz SIRLOIN STEAK (gfo)	£31.50
8oz RIBEYE STEAK (gfo)	£29.50
3 LAMB CUTLETS (gfo)	£28.50

All served with Beef Dripping Chips,
Mushroom, Tomato and Onion Rings

SIDES

CHIPS IN BEEF DRIPPING (gf)	£3.50
ASPEN FRIES	£3.50
SEA SALT FRIES	£3.00
MUSHY PEAS (gf/v)	£2.50
TENDERSTEM BROCCOLI (v/veo/gf)	£3.50
RED WINE SAUCE (gf)	£2.50
PEPPERCORN SAUCE (gf)	£2.50
BLUE CHEESE SAUCE (gf/v)	£2.50
MASHED POTATO (gf/v)	£3.50
ONION RINGS	£3.50
HOUSE SALAD (gf/ve)	£3.00
TRUFFLED GREEN BEANS (gf/v/veo)	£3.50

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DESSERT MENU

PISTACHIO CRÈME BRÛLÉE

Lemon Shortbread (*v/gfo*)

£7.50

STICKY TOFFEE PUDDING

Toffee Sauce, Vanilla Ice Cream (*v/veo/gfo*)

£7.50

APPLE TARTE TATIN

Vanilla Ice Cream (*v*)

£7.50

"COFFEE AND CHOCOLATE"

(*gf*)

£7.50

PASSION FRUIT CHEESECAKE

Mango Sorbet, Mango Purée (*gf*)

£7.50

SELECTION OF BRITISH CHEESES

Biscuits, Grapes, Celery and Chutney (*gfo*)

£9.00

"BLACK FOREST GÂTEAUX"

Clotted Cream Ice Cream (*gf*)

£8.00

DARK CHOCOLATE AND ORANGE TART

Cointreau Ice Cream (*v*)

£7.50

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