

# MYTTON FOLD

RESTAURANT

## LUNCH MENU

Served Monday to Saturday  
12 Noon until 14:30

### LIGHT BITES

**MRS KIRKHAMS LANCASHIRE CHEESE BREAD**

With cultured butter, balsamic

**IRISH SOURDOUGH**

Lemon & coriander hummus

**COURGETTE FLOWER (V)**

Yellison Farm goats curd, Wilpshire honey

**BUTTERMILK FRIED CHICKEN**

With sweet chilli sauce

**KING PRAWN TEMPURA**

Thai dressing

**NORTH ATLANTIC COD CHEEK**

House tartare sauce

*Choose any 3 from the above for £15.00*

### SALADS

**CRUMBLLED GOATS CHEESE,  
ROASTED WALNUTS AND BABY  
BEETROOT SALAD**

£11.50

Edamame beans, lemongrass dressing

**POACHED CHICKEN CAESAR SALAD**

£13.00

Gem lettuce, brown butter croutons, shaved parmesan, anchovies, poached hens' egg

**CRISPY DUCK AND CHORIZO SALAD**

£14.00

Smoked bacon, pickled cucumber, Hoisin sauce

**MARINATED TUNA NIÇOISE SALAD**

£14.00

Kalamata olives, baby potatoes, cos lettuce, green beans, soft boiled egg, cherry tomatoes,

### TRADITIONAL SANDWICHES

*Selection of hot and cold sandwiches on a choice of white or brown bread, or ciabatta served with a baby Caesar salad & skinny fries.*

Cheese and onion **ALL AT £6.95**

Tuna mayonnaise

Ham and mustard

Egg mayonnaise and micro cress

Smoked salmon, cream cheese & chive **£8.50**

### HOT SANDWICHES

**CAJUN CHICKEN** **£8.00**

Sweet bell pepper chutney, sliced tomato & mayonnaise

**FISH FINGER SANDWICH** **£8.50**

Gem lettuce & tartare sauce

### SIDES

**HAND CUT CHIPS** **£2.95**

**SKINNY FRIES** **£2.50**

**GREEN LEAF SALAD** **£3.00**

Lemongrass dressing

**TENDER STEM BROCCOLI** **£3.50**

Fresh chilli & lemon

**GREEN BEANS** **£3.50**

Confit shallot & parmesan

**PEPPER SAUCE** **£2.50**

**JERSEY ROYALS** **£4.00**

### MAIN COURSES

**LANCASHIRE BABY ONION**

**TARTE TATIN (V)** **£12.00**

Wild rocket, blue cheese mousse & sherry vinegar dressing

**BATTERED HADDOCK** **£13.50**

Marrowfat peas, hand cut chips & tartare sauce

**8 OZ BOWLAND BEEF BURGER** **£12.00**

Gem lettuce, beef tomato, sliced pickle & skinny fries

*Add extras, bacon, Monterey Jack cheese*

**LEMON & TARRAGON** **£14.00**

**CHICKEN MILANESE**

Crispy potatoes, red chilli & wild rocket

### SOMETHING SWEET

**PEACH MELBA** **£7.50**

Raspberry & lavender consommé, evaporated milk ice cream

**SALTED CARAMEL TART** **£8.00**

Woodruff ice cream

**VANILLA SLICE** **£8.50**

English strawberries, elderflower

**SELECTION OF BRITISH CHEESES** **£8.00**

Spring chutney, fresh fruit & crackers

*Please inform a member of staff if anyone in your party has a food allergy or intolerance prior to ordering. We can then advise you about the ingredients. Please note that as allergenic ingredients, including nuts, are present in our kitchen, we are not able to guarantee that any dish can be made 100% allergen free. Fish dishes may contain bones.*

# MYTTON FOLD

RESTAURANT

## MENU

Served Monday to Saturday  
17:30 until 21:00

### LIGHT BITES

**MRS KIRKHAMS LANCASHIRE  
CHEESE BREAD (V)**  
With cultured butter, balsamic

**SOURDOUGH BREAD (V)**  
Lemon & coriander hummus

**COURGETTE FLOWER (V)**  
Yellison Farm goats curd, Wiltshire Honey

**BUTTERMILK FRIED CHICKEN**  
With sweet chilli sauce

**KING PRAWN TEMPURA**  
Thai dressing

**NORTH ATLANTIC COD CHEEK**  
House tartare sauce

*Choose any 3 from the above for £15.00*

### STARTERS

**SPRING PEA SOUP, SMOKED BACON** £6.00  
Cultured butter, Lancashire cheese  
bread & wild garlic oil

**RIDICCHIO SALAD** £6.00  
Chorizo, ricotta & dates

**DUCK LIVER PARFAIT** £8.50  
Toasted brioche, bitter orange &  
garden greens

**MARINATED HERITAGE TOMATOES (V)** £8.00  
Pickled cucumber, frozen goats  
cheese & roasted macadamia nuts

**ASSIETTE OF CURED LOCH  
DUART SALMON** £9.50  
Crab fishcake, lemon jelly, baby beets & smokey  
sour cream

### SIDES

**HAND CUT CHIPS** £2.95

**SKINNY FRIES** £2.50

**GREEN LEAF SALAD** £3.00  
Lemongrass dressing

**TENDER STEM BROCCOLI** £3.50  
Fresh chilli & lemon

**GREEN BEANS** £3.50  
Confit shallot & parmesan

**PEPPER SAUCE** £2.50

**JERSEY ROYALS** £4.00

### MAIN COURSES

**LANCASHIRE BABY ONION  
TARTE TATIN (V)** £12.00  
Wild rocket, blue cheese mousse & sherry  
vinegar dressing

**MARKET FISH OF THE WEEK** £17.00  
Formby asparagus, smoked ham  
croquette, buttered samphire & parsley sauce

**PAN SEARED FILLET OF SEABASS** £19.50  
Leek and potato purée, cider poached  
shallots, red wine sauce & herb oil

**ROAST RUMP OF PENDLE LAMB** £19.50  
Hasselback Jersey royals, courgette,  
basil puree, spring pod vegetables &  
crumbled feta

**BREAST OF GOOSNARGH DUCK** £20.00  
Black cabbage, apple, orange &  
mustard seed chutney, duck leg pie

### MYTTON FOLD STAPLES

**BATTERED HADDOCK** £13.50  
Marrowfat peas, hand cut chips &  
tartare sauce

**8 OZ BOWLAND BEEF BURGER** £12.00  
Gem lettuce, beef tomato, sliced pickle &  
skinny fries  
*Add extras, bacon, Monterey Jack cheese*

**LEMON & TARRAGON  
CHICKEN MILANESE** £14.00  
Crispy potatoes, red chilli & wild rocket

**8 OZ RIBEYE OF 35 DAY AGED  
BOWLAND BEEF** £23.00  
Plum tomato, garlic mushroom, rocket  
salad & skinny fries  
*Add pepper sauce, £2.50*

**SWEET POTATO AND  
CAULIFLOWER RED LENTIL CURRY (V)** £11.50  
With pilau rice & vegetable samosas

### SOMETHING SWEET

**PEACH MELBA** £7.50  
Raspberry & lavender consommé,  
evaporated milk ice cream

**SALTED CARAMEL TART** £8.00  
Woodruff ice cream

**VANILLA SLICE** £8.50  
English strawberries, elderflower

**SELECTION OF BRITISH CHEESES** £8.00  
Spring chutney, fresh fruit  
& crackers

V - Vegetarian

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