

MYTTON FOLD

RESTAURANT

BREAKFAST AND BRUNCH MENU

Breakfast is available for residents
Monday – Friday; 7.00am - 9.00am
Saturday & Sunday; 8.00am - 10.00am

MYTTON FOLD BREAKFAST - £9.95

Bacon, sausage, fried egg, plum tomato,
black pudding, baked beans and mushroom

MYTTON FOLD VEGETARIAN BREAKFAST - £9.50

Vegetarian sausage, fried egg, plum tomato,
baked beans and mushrooms

EGGS BENEDICT - £6.95

Toasted English muffin, poached egg and
ham with a hollandaise sauce

POACHED EGGS - £6.50

Two softly poached eggs on a toasted muffin

SMOKED SALMON & SCRAMBLED EGGS - £7.00

BREAKFAST SANDWICH - £5.50

Sausage or bacon and a fried egg on a Tea Cake

TOAST - £2.20

Two slices of white or wholemeal
with butter and preserves

CROISSANT - £3.20

With butter and preserves

CREAMY PORRIDGE - £3.75

Cooked to order with brown sugar
and cinnamon or plain

MYTTON FOLD GRANOLA - £4.50

With natural yogurt and fruit conserve

FRESH FRUIT SALAD - £3.95

FRUIT JUICES - £1.95

ASSORTED CEREALS - £2.20

Served with fresh milk

*Breakfast is included if you are on a Bed and breakfast rate or may
be paid for individually if you are on Room Only*

Please inform a member of staff if anyone in your party has a food allergy or intolerance prior to ordering. We can then advise you about the ingredients. Please note that as allergenic ingredients, including nuts, are present in our kitchen, we are not able to guarantee that any dish can be made 100% allergen free. Fish dishes may contain bones.

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RESTAURANT

SANDWICHES

Served between 11.00am and 4.00 pm

BREAKFAST SANDWICH

Sausage or bacon and a fried egg on a tea cake
£5.50

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TRADITIONAL SANDWICHES

Selection of hot and cold sandwiches all served with a baby Caesar salad and skinny fries. All served on a granary baguette.

Cheese and onion
Tuna mayonnaise
Ham and mustard
Egg mayonnaise and micro cress

ALL AT £6.00

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SMOKED SALMON

Served on wholemeal bread with a horseradish cream
£7.50

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HOT SANDWICHES

All served on a ciabatta

Cajun chicken with sweet bell pepper chutney,
sliced tomato and mayonnaise
£8.00

Minute steak sandwich,
red onion confit and wild rocket
£9.00

Fish finger sandwich,
gem lettuce and tartare sauce
£8.50

8 oz Bowland beef burger, gem lettuce, beef tomato,
sliced pickle on a brioche bun, skinny fries
£10.00

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SIDES

Skinny fries
£2.50

Hand cut chips
£2.95

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RESTAURANT

MENU

Served daily from 12.00 until 9.00pm

LIGHT BITES

HOUSE BREAD BOARD (V)	£5.00
With cultured butter, balsamic oil, lemon and coriander hummus	
CHEESE AND GARLIC POPPED PORK SCRATCHINGS	£2.50
GOATS CHEESE BEIGNETS (V)	£4.00
With tomato ragout	
BUTTERMILK FRIED CHICKEN	£5.00
With sweet chilli sauce	
KING PRAWN TEMPURA	£6.00
With chilli mayonnaise	
SMOKED COD ROE ' TARAMASALATA'	£6.00
With crudites	
RADICCHIO SALAD	£5.50
With chorizo, ricotta, dates, and pecan nuts	
Choose any 3 from the above for £12	
HANDPICKED CORNISH CRAB (GF) (DF)	£11.00
With Belgian endive, apple salad with a passion fruit vinaigrette	
HOT SMOKED SALMON (GF) (DF)	£9.50
With salad of pink grapefruit, orange and passion fruit dressing	
FRIED DUCK EGG (DF)	£6.50
With Anya potato, black pudding and chorizo hash, pea shoots and cumin oil	
MARINATED HERITAGE TOMATOES (V)	£8.00
With pickled cucumber, frozen goats cheese and roasted macadamia nuts	
IRON BARK PUMPKIN AND PARMESAN SOUP (GF) (DF)	£6.00
With pumpkin seeds and oil	

SIDES

HAND CUT CHIPS	£2.95
SKINNY FRIES	£2.50
TENDER STEM BROCCOLI	£3.50
Fresh chilli, and lemon	
GREEN BEANS	£3.50
Confit shallot and parmesan	

MAIN COURSES

SLOW COOKED STEAK PUDDING (DF)	£15.00
With honey roasted root vegetables and hand cut chips	
LEMONGRASS AND COCONUT CHICKEN CURRY (GF) (DF)	£13.50
With hibiscus rice and vegetable samosas	
FISHERMAN'S PIE	£14.50
With tenderstem broccoli, fresh chilli and lemon	
FILLET OF SCOTTISH SALMON (GF Optional)	£14.50
With crushed baby potatoes, oregano, Romano pepper and basil pesto	
8 OZ BOWLAND BEEF BURGER	£10.00
With gem lettuce, beef tomato, sliced pickle on a brioche bun, skinny fries	
<i>Add an extra: 8 oz burger £3 / Monterey jack cheese £1 / Goats cheese £1 / Confit red onion £1 / Bacon £1</i>	
BATTERED CODLING (DF)	£13.00
Marrowfat peas, hand cut chips and tartare sauce	
8 OZ RIBEYE OF BOWLAND BEEF (GF)	£23.00
With plum tomato, garlic field mushroom, water-cress and skinny fries	
<i>Add a sauce: Pepper sauce £3 / Mushroom sauce £2.50 / Hollandaise sauce £2</i>	
CHICKEN MILANESE	£12.50
With crispy potatoes and wild rocket	
SWEET POTATO AND CAULIFLOWER RED LENTIL CURRY (VG) (GF) (DF)	£11.50
With hibiscus rice and vegetable samosas	

SOMETHING SWEET

SET LEMON CREAM, GINGER CRUMBLE	£6.50
With elderflower jelly, fresh meringue, raspberries, micro lemon balm	
APPLE TARTE FINE	£7.00
Fresh blackberries, vanilla ice cream, sauce caramel	
A LITTLE BAR OF CHOCOLATE	£7.50
Toasted marshmallow ice cream, honeycomb and salted caramel mousse	
SELECTION OF BRITISH CHEESES	£8.00
With winter chutney, fresh fruit and crackers	

V - Vegetarian VG - Vegan DF - Dairy Free GF - Gluten Free

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CHILDRENS MENU

STARTERS

Cup of soup of the day with toasted soldiers

Cod goujons with tartare sauce

Crudities with lemon mayonnaise
(celery, carrot, cherry tomatoes)

ALL AT £2.50

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MAINS

Mini burger with skinny fries

Sausage, skinny fries and beans

Penne pasta with Bolognese sauce

Mini fish and chips

ALL AT £5.00

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DESSERTS

Vanilla ice cream with popping
candy and raspberry sauce

Chocolate and orange brownie with
vanilla ice cream and chocolate sauce

ALL AT £2.50

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MYTTON FOLD
RESTAURANT

SUNDAY LUNCH
LIGHT BITES AND SANDWICHES

Served from 12.00 until 8.00pm

LIGHT BITES

HOUSE BREAD BOARD

With cultured butter, balsamic oil,
lemon and coriander hummus
£5.00

**CHEESE AND GARLIC POPPED
PORK SCRATCHINGS**
£2.50

GOATS CHEESE BEIGNETS
With tomato ragout
£4.00

BUTTERMILK FRIED CHICKEN
With sweet chilli sauce
£5.00

KING PRAWN TEMPURA
With chilli mayonnaise
£6.00

SMOKED COD ROE ' TARAMASALATA'
With crudites
£6.00

RADICCHIO SALAD
With chorizo, ricotta, dates, and pecan nuts
£5.50

Choose any 3 from the above for £12

TRADITIONAL SANDWICHES

Selection of hot and cold sandwiches all served
with a baby Caesar salad and skinny fries. Choice
of white, brown or ciabatta bread.

Cheese and onion
Tuna mayonnaise
Ham and mustard
Egg mayonnaise and micro cress

ALL AT £6.00

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HOT SANDWICHES

Cajun chicken with sweet bell pepper chutney,
sliced tomato and mayonnaise
£8.00

Minute steak sandwich, red onion confit
and wild rocket
£9.00

Fish finger sandwich, gem lettuce
and tartare sauce
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SUNDAY LUNCH

Served from 12.00 until 8:00pm

STARTERS

Marinated Heritage Tomatoes, pickled cucumber,
frozen goat's cheese and roasted Macadamia nuts

Salmon and Dill Fishcake, compressed cucumber,
house salad and lemon jelly, Tartare sauce

Ironbark Pumpkin and Parmesan soup, pumpkin seeds and oil

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MAINS

Roast sirloin of Bowland beef, Yorkshire pudding, horseradish sauce

Or

Roast loin of pork, Yorkshire pudding, apple compote

Served with

Cauliflower cheese, greens beans with confit shallot and parmesan,
buttered carrots, honey roasted parsnips, duck fat roasties and a jug of gravy

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Pan seared Codling, potato puree, wilted spinach,
crispy mushrooms and shellfish bisque

Truffled Macaroni and Cheese,
poached hen's egg and sauce hollandaise

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DESSERTS

Set lemon cream, ginger crumble, elderflower jelly,
fresh raspberries and meringue, micro lemon balm,

Sticky Toffee Pudding, vanilla ice cream, toffee sauce

Selection of British cheeses, Winter chutney,
fresh fruit and crackers (£3 supplement)

1 COURSE £15
2 COURSES £20
3 COURSES £22

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TEAS AND COFFEES

We are proud to serve freshly ground coffee and teas supplied by one of the most popular tea merchants.

TEAS

EVERYDAY BREW A signature blend of tea	£2.25
DARJEELING A delicate and intriguing tea from the north east of India	£2.50
EARL GREY A lemon and bergamot flavoured tea	£2.50
EVERYDAY DECAFFEINATED TEA Hearty, strong and full-bodied but with less caffeine	£2.25
PURE GREEN TEA Gentle sencha steaming and pan-firing creates this distinctive, refreshing earthy blend	£2.50
GREEN TEA, ORANGE AND LOTUS FLOWER Blended with delicate lotus flower and zesty orange	£2.50
STRAWBERRY AND ELDERFLOWER This blend captures the essence of an English Summer afternoon in a glass	£2.50
PEPPERMINT TEA Cool and invigorating. A classic vibrant blend perfect for any time of day	£2.50
ROOIBOS, ORANGE AND CINNAMON The sweet flavour of the orange and the refreshing herbal notes of the rooiberry are a match made in heaven and a hint of cinnamon rounds off the warming blend.	£2.50

COFFEES

ESPRESSO Rich and intense coffee in its concentrated form, served without milk	£2.00 / £2.35
MACCHIATO Espresso served with a little milk foam	£2.00 / £2.50
AMERICANO Espresso with hot water and milk if you wish	£2.00 / £2.40
CAPPUCCINO Espresso with steamed frothy milk, topped with chocolate	£2.25 / £2.80
LATTE Espresso topped with steamed, frothy milk	£2.25 / £2.85
MOCHA Hot chocolate with an espresso	£2.30 / £2.90
FLAT WHITE Espresso topped with hot milk	£2.25 / £2.85
CAFETIERE COFFEE	£2.40

OTHER HOT DRINKS

HOT CHOCOLATE With steamed frothy milk	£2.50
DELUXE HOT CHOCOLATE With steamed frothy milk, marshmallows and cream	£3.10
BABYCCINO Steamed frothy milk	£1.25
KIDS HOT CHOCOLATE	£1.25

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